



Cedar Chest Quilters' Guild

newsletter

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BOARD MEMBERS

President

Julie Patrick.....586-6832

First Vice President

LaRee Rees586-0841

Second Vice President

Liz Jacomb586-1706

Secretary

Alayna Coombs867-1434

Treasurer

Jean Fitzgerald.....477-3034

FROM OUR PRESIDENT...

The Dog Days of Summer are making me feel lazy these days. One day I'm FULL of ENERGY and the next, not so much. I'm trying to make the backing for Shene's quilt. It's going to be fun. The left-overs from the front have been added to some fabrics that I ended up not using, thus, the back. I know that sentence structure is incorrect, but it is the Dog Days of Summer and I'm too lazy to reconstruct it.

I hope that by now, you've had time to go to the SUU library and view our quilt show. And, did you see the article in Iron County Today, pertaining to it. Nice photos were taken, also. The show will go through August 29th. Thanks to those who donated their quilts for the show and those who helped to hang the quilts.

Congratulations to Alayna Coombs. She had a baby girl on July 31st. Both mother and daughter are doing fine. Isn't it wonderful to have such young members in or guild that are having babies. What fun!

We need another volunteer to be on our luncheon committee. Tera is going back to school and will not be able to be a co-chair. Please call me, if that's something you could do.

On Humanitarian Day in September, we need a team to help cut and construct a top for the Livestock Festival Committee to sell. They include our Color Country Quilt Show in all of their advertising, at no charge to us, so this is a small token for us to do. I'm donating the fabric. Please come and join in on the fun, we're serving chili and cornbread for the occasion. Some may even teach and make western style tote bags.

Thanks for all you do to make this guild a great one!

Happy Quilting,

Julie Patrick

COMMITTEE CHAIRMEN

Historian	Judy Stolrow
Newsletter	Mona Covington
Publicity	Rae Overson
Luncheons	Susan Goodman
Humanitarian Projects	Janet Dexter
Special Projects & Quilt Shows	Mona Covington & Judy Stolrow
Retreat	Francine Lyndaker
Class Coordinator	LaRee Rees
Hospitality	Kathy Adrian
Librarian	
Friendship Circles	Judy Rockwell
Sunshine & Shadows	Judie Wright
Challenge Quilt Contest.....	

BOOK OF THE MONTH

** We would like to thank Linda Shokrian for the great job she did as librarian this year. As you may know, she has had to withdraw due to her son's injury. Her first responsibility is to him at this time.

We now have a New Librarian: Judie Wright has volunteered to finish the year for Linda. Thanks Judie.

SUNSHINE & SHADOWS

Congratulations are in Order!!

Ed and Alayna Coombs' new baby girl has arrived!

Sarah Jean Coombs was born on July 31, 2009
Birth weight: 8lbs. and 20" in length!



UPCOMING CLASSES & EVENTS

August 20 – Class: Woven Table Runner –
Teacher: Judy Rockwell
Class Fee: \$5.00

This is that fabulous table runner Judy taught at the retreat last January. If you didn't get yours finished come to this class. If you want to make one, contact Judy for the supply list and have your strips ready ahead of time

August 27 - Humanitarian Day: We will be putting together things like aprons, pot holders, etc...we can sell at the livestock festival in October. Please come and sew with us. We will have a great day!

AND....

Something to look forward to: In October...

We will have a class to make an ensemble of "Sewing Organizers".

It will include a -

1. Cutting mat and Ruler Bag
2. A Sewing Machine Cover
3. A Pin cushion with a waste bag attached
4. A little Pocket Notion Holder that goes in front of your sewing machine
5. There will also be a bag pattern

We are letting you know now, so you can plan ahead and look for coordinating fabrics that you might want to use to make your ensemble project.

September 3: Block of the Month class

September 10: Regular monthly meeting: 10 a.m. at the Cedar City Senior Center.

Sept 17: Class:"Stack and Whack" with Sheryl Lewis

September 24: Humanitarian Day

OTHER EVENTS.....

If you haven't been to the SUU Library to see the quilts hung there, You only have until Friday, the 28th of Aug. The show comes down on the 29th. Thanks again to all who donated quilts to be displayed .

We will have a sign up sheet at the regular guild meeting for helpers to take down the show on Saturday, Aug. 29th. If you can help, please sign up. We will let you know the exact time of day later. Thank you.

OUT TO LUNCH...*By Tera***Anderson**

This month we are happy to share two recipes with you so you can enjoy the fruits of the season!

This recipe is being shared by Rachel Shallenberger. She got this recipe from Al, the food expert at the local Lyn's Supermarket.

Watermelon Salsa

3 cups finely diced seedless watermelon
 2 jalapeno peppers, seeded and minced
 1/3 cup chopped cilantro
 1/4 cup lime juice
 1/4 cup minced red onion
 1/4 teaspoon salt

Place watermelon, jalapenos, cilantro, lime juice and onion in a medium bowl; stir well to combine. Season with salt. Serve at room temperature or chilled. Serves 8

Note:

1. Rachel doubled the recipe for the Quilt Guild.
2. Rachel used pickled/preserved jalapenos because they are less hot than fresh peppers.
3. Rachel recommends serving chilled because watermelon gets watery when warm.

And this recipe is from Janet Dexter:

Melon Ball Salad

One 30 lb. watermelon (approximate weight)
 2 or 3 cantaloupes
 Cut open the melons and remove seeds. Make into balls.

Dressing:

3 Tbsp. fresh lemon juice (from 2 lemons)
 1 Tbsp. grated lemon rind
 8 Tbsp. fresh orange juice (from 3 oranges)
 2 Tbsp. grated orange rind
 2 Tbsp. vegetable oil
 1 tsp. paprika
 1/2 - 1 tsp. dry mustard
 pinch of salt
 2 - 3 Tbsp. sugar

Mix together and pour over fruit. Serve chilled.

FAT QUARTERS DRAWING

Our fat quarter drawing is held at the regular guild meeting, the 2nd week of each month.....✂

Bring one fat quarter in the theme of the month and get your name in the drawing!! You just might take home the bundle of fat quarters !!

The theme for Septembers drawing is:
"Harvest Time"

**HUMANITARIAN**

A grateful thank you goes out to all of our quilters who so graciously put aside their own work for a short time to make quilts for the girls orphanage in China. They will be well used. We are so impressed with all the kind hearts and quick hands that helped with this project at the last minute. You are amazing men and women!!

TIPS & TECHNIQUES

- ✂ Use a lightweight iron to prevent stress on your hands and wrists.
- ✂ It is very handy to have an iron with an extra long cord.
- ✂ Plug your iron, sewing machine and extra sewing light into a power strip. Then when the light is off you know the sewing machine and iron are also off.

**2009 CHALLENGE QUILT**

Our theme this year is Wilderness, and the interpretation is up to you. The only restriction is in size. The circumference has a minimum of 144 inches (36x36) and a maximum of 240 inches (60x60). Only those quilts falling within this range will be judged.

The due date is the October 8th meeting. Entries will also be hung at the Livestock Festival the end of October for the public to pick their favorites.

Winners will be featured in our Talents of Cedar City 2010 Calendar coming out in December 2009 (more on this later).

We hope to see everyone enter, so be creative and have some fun !

SOMETHING OF INTEREST ...

REMEMBER making an apron in Home Ec?

Read below:



The History of 'APRONS'

I don't think our kids know what an apron is.

The principal use of Grandma's apron was to protect the dress underneath, because she only had a few, it was easier to wash aprons than dresses and they used less material, but along with that, it served as a potholder for

Removing hot pans from the oven..

It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears.

From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal hiding places for shy kids.

And when the weather was cold, grandma wrapped it around her arms.

Those big old aprons wiped many a perspiring brow, bent over the hot wood stove.

Chips and kindling wood were brought into the kitchen in that apron.

From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls.

In the fall, the apron was used to bring in apples that had fallen from the trees.

When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.

When dinner was ready, Grandma walked out onto the porch, waved her apron, and the men knew it was time to come in from the fields to dinner.

It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.

REMEMBER:

Grandma used to set her hot baked apple pies on the window sill to cool.

Her granddaughters set theirs on the window sill to thaw.

They would go crazy now trying to figure out how many germs were on that apron.

I don't think I ever caught anything from an Apron!

THINGS TO REMEMBER.....

Use this space to write notes to yourself ----

NEWSLETTER INFORMATION

If you have e-mail, your newsletter will be sent to you the day before our regular monthly guild meeting. Please check your e-mail or go to: www.cedarchestquiltersguild.org to print a copy.

If you are unable to print your copy at home, please e-mail me at ccqgeditor@gmail.com to have a printed copy at the meeting.

Thanks -- Mona Covington

