



# Cedar Chest Quilters' Guild

## newsletter

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### BOARD MEMBERS

#### President

Liz Jacomb.....586-1706

#### First Vice President

LaRee Rees..... 586-0841

#### Second Vice President

Eleanor Miller.....586-1471

#### Secretary

Brenda Jarvis.....867-8230

#### Treasurer

Linda Shokrian.....867-5914

### CEDAR CHEST QUILTERS' GUILD MISSION STATEMENT

We are a non-profit organization united for the purpose of:

1. Promoting, encouraging and preserving the art of quilt making, to pass on to future generations.
2. Enriching the lives of our members through education, guild projects and volunteer efforts and in so doing, being of service to our community.

### FROM OUR PRESIDENT...

WOW, what a busy couple of weeks we have had.

We had a great quilt show at the Heritage Center in conjunction with the Livestock Festival. We had almost 90 quilts, wall hangings, and table runners hanging from the upper railings, draped over the piano, draped on chairs, tables, and benches. We added props in the alcoves and by some of the chairs. The quilts from the retreat caught a lot of people's attention. All in all it was a beautiful show and so impressive. I heard so many comments from the people looking at them. I must say, the ladies in our guild are so incredibly talented.

We talked to a lot of ladies interested in joining our guild and a lot more interested in coming to our retreat.

I cannot thank all of you enough for you all of your help.

Francine, our quilt show chairman, did a great job. To all of those who were there to set-up, work during the show and tear down, and to the husbands who helped, thank you all. It wouldn't have been a success without all of you.

We entered a float in the parade. Thanks to Ann Johnson, Judy Stolrow and Judy's cute grandson and granddaughter for dressing in costumes and being willing to be on the float.

This past Saturday, Kathy, Francine and I went to the Dixie Guild to present a trunk show. We took all of the quilts that we had from the retreat classes to show. They were so impressed. They loved the variety of classes. I think we will receive a lot more interest in our retreat.

This past week I was able to get the last 2 rent quilts, for this year, quilted. We will just need volunteers to bind them. I would like to thank Ann Johnson for the donation of a finished rent quilt. And thank all of you who helped with the others.

This week at our general meeting we will have a lot of business to take care of, along with having our Thanksgiving luncheon. We will be having nominations for the new officers for next year. We will also have our Challenge Quilt show. I hope a lot of you have been working on it. We will also decide on our Christmas luncheon, talk about the Christmas toy drive, and we will decide whom to give monetary donations to.

We collected 70 pounds of food last month for Care and Share. Thanks for your generosity. Hope to see all of you Thursday.

Liz



**2010 COMMITTEE CHAIRMEN**

Historian..... Alayna Coombs  
 Newsletter..... Mona Covington  
 Publicity.....  
 Luncheons.....Susan Goodman &  
 Lenora Smith  
 Humanitarian Projects ....Julie Patrick  
 Quilt Shows..... Francine Lyndaker  
 Retreat.....  
 Class Coordinator..... LaRee Rees  
 Hospitality..... Marie Hartry &  
 Rachel Shallenberger  
 Librarian..... Nancy Thomas &  
 Nada Stivers  
 Friendship Circles..... Alayna Coombs  
 Sunshine & Shadows ... Brenda Jarvis

**LOST AND FOUND.....**

No news here is good news here!

**LIBRARY NEWS**



Our librarians are :  
 Nancy Thomas .....586-7459  
 Nada Stivers..... 267-2927

Please contact Nancy or Nada at guild or call, if you need to check out a book or reserve one,

**SUNSHINE & SHADOWS**

Our new ☀️&💧 chairman is Brenda Jarvis. If you have news for this space please let her know at 867-8230.



**MEMBERSHIP NEWS**

Please add this new member to your roster: no one this month

**FAT QUARTERS DRAWING !**

Bring a fat quarter in the theme of the month and you just might win the bundle of fat quarters!!

**Fat 1/4's for December:**

**CHRISTMAS!**



**CARE & SHARE DRAWING**

The Holidays always see an increase in need at the Care and Share. Many families in our communities are in need.

Please be extra generous this month.  
Please bring at least one non-perishable food item and get your name in a drawing for a prize!



**GIVE THANKS**

Through your donation you will help a family in real need during this holiday time.

**UPCOMING CLASSES & EVENTS**

**Nov. 11:** General Meeting 10 a.m. at the Senior Center. Show and Tell and a Potluck Lunch served.

**Nov. 18:** Quilt Till You Wilt! All day activities with good food to eat.

**Nov. 25:** Happy Thanksgiving



**Dec. 2:** Block of the Month Class

**Dec.9:** Guild Christmas Party & Luncheon

**Dec.16:** No meetings until January 2, 2011.



**Dec. 23:** Happy Holidays!

**Dec. 30:** Happy New Years! See you next Year!

**January 6, 2011:** The Block of the Month Class.

**Jan. 13:** General Meeting 10a.m. at the Senior Center. Show and Tell and a Potluck Lunch served.

**Jan 19:** Class – Mellow Yellow quilt. Jean Fitzgerald will teach you her fun quilt.



**Winter Retreat:**

Wed. to Sat. - Jan 26 – 29. Don't forget to sign up for your classes!



QUILT RETREAT !

With 29 classes to choose from, there's something for everyone at our guild's annual Quilt Retreat, which will be held January 26-29, 2011 at the Crystal Inn in Cedar City. I've highlighted just a few of our classes:

**Our national teacher, Bobbie Aug,** just finished teaching the "Diamond Kaleidoscope" class at the International Quilt Show in Houston. That's the same class she is teaching at our retreat! With just 2 colors of fabric, you can create a dynamic, contemporary quilt. It's not often that we have the opportunity to take a class from a national teacher. So, hurry to sign up for this all-day Friday class before the seats are filled!

**Want to learn paper piecing?** Check out Wednesday's "Paper Pieced Color Wheel" – you can buy the kit and not have to pick out any fabric!

**And what is stack & whack all about?** - sign up for our two-part class (Thursday & Friday mornings) and learn this fun technique.

**The "Log Cabin Wilderness" quilt** (Friday) is stunning yet easy to assemble.

**Thursday's "Faux Cathedral Window"** features easy piecing and machine quilting that creates a raw-edge appliqué look.

**Afraid of appliqué?** – then you've got to try the easy "Hen House" class (Saturday). Or, how about the "Silhouette Applique" (Friday) class?

**Do you like embroidery?** Sign up for "Mayan Garden" (Thursday & Friday afternoons) that has a touch of easy embroidery.

**Looking for adorable?** Intermediate quilters should check out "Daisy Days" (Thursday) - no need to buy fabric – buy the kit!

**And if you like stars, we have lots of "star" classes** – check out "One Block Beauty" (Wednesday); Stars & Stars (Friday); Patches & Stars (Saturday); and "Stars Galore" (Saturday).

**Be sure to check the website for information about these and our other exciting classes.**

As of November 9, the registration fee increases to \$20.00. It's time to get serious about sending in your quilt retreat registration form! So, go to our website ([www.cedarchestquiltersguild.org](http://www.cedarchestquiltersguild.org)), today to sign up.

### TIPS & TECHNIQUES .....

If you want to preview your fabrics for a quilt or quilt block without cutting your fabric, try putting the fabric into your color printer and print a picture. Then cut up the paper copy of your fabric to make a mock up of the block you want to make and play with the pieces until you like what you see. Then you won't waste any fabric.

## 2010 CHALLENGE QUILT

### 2010 CCQG "TEN" Challenge Quilt

We hope everyone is ready to see the "TEN" quilts this month!

We will show and share our quilts at the November 11, 2010 monthly meeting.

SEE YOU THERE!



## HUMANITARIAN

♥ Thanks to all of you for donating your time and talents to help those in need this year.



## OUT TO LUNCH...

We have several great recipes from our quilters for the holidays! We hope you enjoy them and add them to your family traditions!

### ZUCCHINI BREAD

From Rachel Shallenburger

3 eggs	3 tsp. vanilla
1 c. oil	3 tsp. cinnamon (optional)
3 c. flour	2 c. sugar
1 tsp. soda	1 tsp. salt
¼ tsp. baking powder	
2 c. zucchini, peeled and grated	
1 c. nuts	

Mix all ingredients and pour into 2 prepared loaf pans. Bake at 350 degrees for 1 hour. Very moist.

From the [A Taste of Heaven](#) cookbook by Christ the King Catholic Church, Cedar City, Utah

### BAKED PENNE WITH EGGPLANT, SUMMER SQUASH & TOMATOES

From Susan Goodman

6 Asian (slender) eggplants  
 4 small zucchini and or crookneck squash  
 2 tbs. olive oil  
 1 1/2 cup chopped tomatoes  
 1/4 cup chopped sun-dried tomatoes  
 Salt and Pepper  
 1/2 lb. dried penne  
 1/2 cup grated Parmesan Cheese  
 \*See note from me below.

Cook penne until al dente and drain well.

Cut eggplant and zucchini crosswise into rounds 1/2 inch thick. In a large nonstick frying pan over med-low heat add oil, eggplants, squash and dried tomatoes. Cook, stirring occasionally until softened slightly, about 10 minutes. Add tomatoes and simmer, uncovered, until tomatoes are soft, about 5 minutes. Season to taste with salt and pepper. Set pan aside.

Spray a 3 quart baking dish with Pam and transfer pasta to dish and spoon the vegetable mixture over the top. Stir gently to mix. Sprinkle evenly with Parmesan Cheese.

Cover with aluminum foil and bake at 350 for 20 minutes. Uncover and continue to bake until cheese has melted and browned slightly, about 10 minutes longer. Serve at once.

\* Note: You can use different variations and amounts of the squashes depending on what you have on hand. I had fresh eggplant and tomatoes from the garden (squashes from friends gardens) I decided to add sage and basil (also from my garden) on the top before serving. Sage on half and basil on the other half. I liked it so much that I just mixed them together. I also used mini-penne just because we like it better. It was scrumptious.....



**SQUASH CASSEROLE**

From Marian Whitney

- 4 cups summer squash
- 2 eggs
- 2 tsp. sugar
- 1 cup real mayonnaise
- 1/2 cup butter ( 1 cube )
- 1 cup grated mild cheese
- 1 cup chopped pecans
- 1/2 tsp. salt
- 1/2 tsp. pepper

Beat eggs, add sugar, sugar, mayo, butter, cheese, nuts, salt and pepper. Pour over cooked, well drained squash that has been placed in an 8x11 inch baking dish. Top with cracker crumbs and bake at 350 degrees for 30 to 35 minutes. This is a great main or side dish.

**NEWSLETTER INFORMATION**

You can find the newsletter on the web at:

[www.cedarchestquiltersguild.org](http://www.cedarchestquiltersguild.org)

And click on this tab



**CLASSIFIED ADS**

If you have an item to sell or you are looking for something, you can place a FREE notice here.....

Nothing for sale....

Quilts –  
General Guidelines for Charitable Giving

Quality is more important than quantity. Remember this from the beginning when selecting fabrics all the way to the end when finishing a quilt.

Cotton, blend or flannel is best. Denim or corduroy takes too long to dry and is heavy. 8 oz. Bonded poly batting or cotton batting. 3 or 4 ply yarn should be used for tying. Use double thread of the 3 or 4 ply yarn. When making the quilt top the seams need to be 1/2" not 1/4" like we are used to. Ties should be approximately 4 inches apart, and the stitch on the bottom should be 1/4" to 1/2", smaller than that can pull through. Square knot or international stitch is preferred. Binding – Can be done by hand or machine. It can be done by using a 2 1/4 - 2 1/2 strip, folded in half and sewn on or you can use the pillowcase method (this method can be used for tying without frames)., With right sides together, lay top and bottom of quilt on flat surface. Lay batting on top, pin and sew three sides. Turn right side out and fold in the open end. Top-stitch around four edges. Sew another row 1" from the edges to secure batting then tie the quilt.

♥ ♥ ♥ ♥ ♥ ♥ ♥

(These guidelines might help us when making a quilt for our own young children or grandchildren too. Those quilts get a lot of use and abuse sometimes too!)

**THINGS TO REMEMBER....**

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